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Cultivating a greater awareness of who we are and where we want to go

Posted on 02-05-2019, by:
[Merilee Kern](#) *The Luxe List*

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For entrepreneur, professional speaker and success coach Sheryl Grant, transformational leadership through personal development and community building is the name of the game. A Ms. Olympia at over the age of 50, Grant clearly knows what it takes to realize over-and-above achievement both in life and in business. Today, through her eponymous company [Sheryl Grant Enterprises](#), this powerhouse is helping CEOs, executives and other entrepreneurs master key areas of their careers and lives overall.

Personal Excellence

Creating a personal learning journey to become a better leader and person