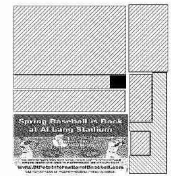
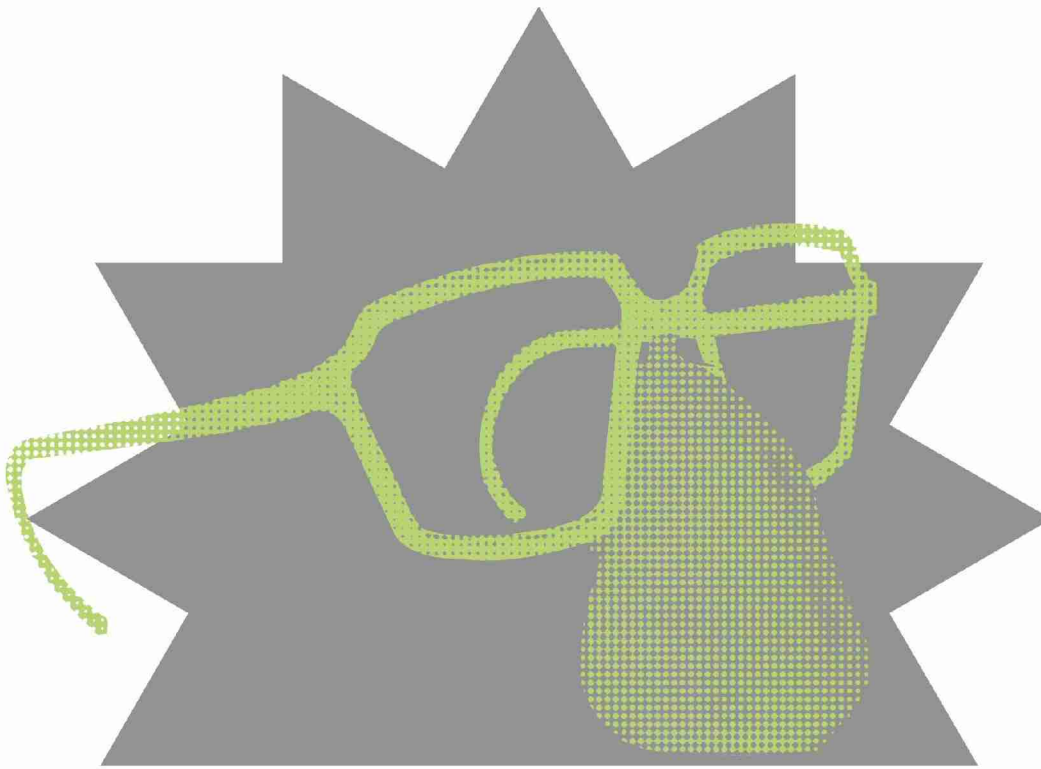


## HOLD YOUR BREATH

Ahhhh, the aromas of high school. What's cookin' in the lunch room? Yum, smells like boiled cabbage. What's that "herbal" smell wafting from the staircase? Something, ahem, natural, or did it come from a can, sprayed on so thick any eyes within 20 feet tear up and bubble over? Oh no, it's time for sixth period, not sixth period! Your lab partner is not on familiar terms with soap and water. Or is that just a foul gauge? And of course, don't forget the bathrooms. Egads, no one wants to go in there. • We're not solving any world problems here and on **Pages 10-11**; we're just bemoaning some age-old high-school-world problems. Let the mouth breathing begin.



## Get rid of B.O. on the go

BY MICHAEL NEWCOMER  
*Tarpon Springs High*

We've all experienced it, a time at which we weren't feeling so fresh. After a quick run, for instance, or a trip to the gym. Sometimes it's when you wake up late and don't have a chance to take a shower. Sometimes it's when you forget that swipe of Old Spice solid.

Say hello, B.O.

If there were a 12-step program to recover from body odor, here are two products we tried out that definitely could be steps one and two.

### 1. Febreze Sport Extreme Odor Eliminator

**(\$11.99)** — We all know and love the Febreze spray that freshens our homes, clothes and cars, but now Febreze has a line of products especially for shoes and sports gear. One B.O. problem I sometimes battle is foot odor. It can be very embarrassing, constantly having to tuck your feet in under your seat to keep others from smelling the monsters that lie within your shoes. The first thing I noticed about Febreze Sport Extreme Odor Eliminator (besides the Extreme in the name) was its surprisingly tropical smell. I sprayed the inside of my shoes with it and



within minutes noticed a major difference in my shoes. They no longer smelled like a bacteria-ridden garbage bin, but instead like an exotic paradise in Tahiti. I actually could stand to put my nose close to them. I continued to use the product for the next couple of days, and after about a week my shoes stopped smelling.

### 2. QwikShower Gym Class Wipes (starting at 49 cents each)

— This is for the athletic bunch, especially teenagers with a penchant for spraying massive clouds of Axe after gym class in lieu of the traditional shower. QwikShower is like an oversized diaper wipe that you can use to clean, well, yourself after gym. The only downside is



that it looks and smells like one of those moist towelettes you get at the wing house after you eat a load of greasy wings. There you are, dozing off in World History when you jerk awake thinking you left your girlfriend at home for a night out at Hooters. Luckily for you, fella, that was just a bad dream brought on by the lingering scent of your QwikShower.