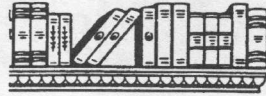


## BOOKS Quick Takes



### Local Author

**Title:** "Titan" - fiction - soft cover

**Author:** Kathleen Pollock

An easy read, this fictional work begins when the protagonist, Joanna ("Jo") Woodward, formerly a single mother, now an empty nester, reflects on her life. The time flew by raising children as a single mother, working at a demanding career as a top level computer engineer, and making excuses why she wasn't in a relationship. She suddenly realizes she must move into the next phase of her life. Thus, the adventure (and romance) begins.

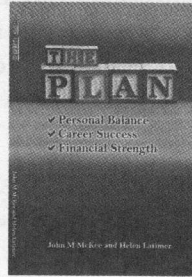


The storyline circles around the author's passion for horses and her love of nature. Ms. Pollock began "Titan" 15 years ago but set it aside to concentrate on her children and work. Up until now, Ms. Pollock's writing had focused on technical reports. She made it a personal goal to finish and publish "Titan." — *Kathleen Pollock, a native Californian, has lived in the Diamond Springs area for over a decade. She is currently working on a second book, "The Sign of the Jin," and can be reached at [katy.pollock@yahoo.com](mailto:katy.pollock@yahoo.com) Publisher: author-house.*

**Title:** "The Plan" - nonfiction soft cover

**Author:** John McKee and Helen Latimer

This book claims to provide a proven approach to creating a full and satisfying life. The premise: You just need a Plan.



Mr. McKee is a business life coach and Ms. Latimer a business consultant.

These authors compiled time-tested methods used by successful organizations for "The Plan." They tell readers how to take control of the big three areas of their lives: personal, career and financial.

Using a workbook format, "The Plan" seeks to help people break free of conscious and subconscious behaviors preventing them from achieving their goals. It also is designed to: increase personal satisfaction; provide proven techniques to use immediately; help you experience a deeper satisfaction with who you are and how you live; accelerate your career or start a new one; provide tools for financial planning and management.

An objective of the book is to improve your personal and family life. The ultimate goal of "The Plan" is to teach that it is within your power to have a life filled with wellness, satisfaction, and peace. — *Publisher: John McKee; \$14.95, [www.ThePlanSite.com](http://www.ThePlanSite.com), [www.JohnMMcKee.com](http://www.JohnMMcKee.com), [Info@ThePlanSite.com](mailto:Info@ThePlanSite.com)*

## More Books for Summer Reading

**Tahoe Heat** is a novel by Tahoe author Todd Borg about a young bio-tech genius whose company made an amazing discovery in a lab atop Mt. Rose, high above Lake Tahoe.

This is the 8th book in his series of mystery thrillers featuring Owen McKenna, former San Francisco cop, now private detective. Mr. Borg earned the Ben Franklin Award for Best Mystery of the Year. His wife Kit Night is the artist KNight, of whom John Updike had said: "I like KNight's paintings... their coloring reminded me, in its boldness, of Wayne Thiebaud." More about Borg: [www.toddborg.com](http://www.toddborg.com)

**God and Dreams: Is There a Connection?** by John Bingham, makes a case for the connection between God and dreams, focusing mostly on Jewish, Christian and Islamic traditions. A priest and psychotherapist, the author explores and interprets dreams as God's link to the human soul and the soul's eternal life.

His private practice as a psychotherapist is in Sacramento. He also wrote **Inner Treasure** in 1989. His new book is available at Amazon, [www.wipfandstock.com](http://www.wipfandstock.com) and other outlets.

# moving?

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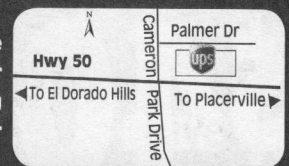
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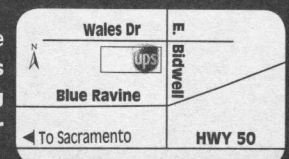
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