



Then there are apps like [Healthy Wage](#) and Diet Bet. Both have you bet on how much you'll lose, and if you do it-- you win.

"If you meet those goals-- you meet those accomplishments; you will get the payout. In some cases, you might split them with other winners," says Andrew Schrage, personal finance specialist with Money Crashers.

There are some draw backs if you fail to accomplish your goals.

"You can actually lose money if you make a bet stating that you are going to lose a certain amount of pounds by the end of the month or by the end of the year, and you don't meet that bet you will lose that money," says Schrage.

If you are serious about losing weight, it is an easy way to make extra cash on your journey, but if you are new to health challenges, watch out.

TRENDING

1 A DAY AGO
Ponca City man arrested for sexual battery of a child



2 2 HOURS AGO
Hansford County body identified as missing Adams, Okla. man



3 3 HOURS AGO
Man accused of killing daughter's dogs because she didn't do the dishes



4 5 HOURS AGO
Oklahoma auctioning entire herd of American bison



5 12 HOURS AGO
City bus, car collide in downtown metro; Injuries reported



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Consumer Watch: Getting paid to lose weight