

'Last Man Standing'
Cancellation Sparks
Outrage

Marshmallows-Only Lucky
Charms Can Be Yours

40+ Amazing Drugstore
Beauty Finds

At 40 Years Old, I've Never
Had a Best Friend

15 Summer Flowers for the
Prettiest Garden Ever

This Woman Made \$4,800 Betting on Her Own Weight Loss

She lost 102 pounds and gained some serious cash — plus a whole new life.



By Sarah Schreiber FEB 2, 2017

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You're your own worst enemy – it's a common expression that often hits too close to home, especially when body image and weight loss are involved.

But Jennifer Dennison flipped that idea on its head when she decided to take control of her health in 2015. The Houston native weighed 405 pounds when she fell asleep at the wheel, exhausted and lethargic from her recent weight gain.