

# Fast Fixes for Moms: Summer-Ready in a Jiffy!

Summer is upon us, and if you are like most moms, you've been far too busy tending to your family to be really "summer ready" in an instant. Don't let summer shorts and sun dresses cause you anxiety. We've come up with a few short cuts to get you warm-weather-ready fast.



**Jergens' Natural Glow Foaming Daily Moisturizer.** This comes in a nifty foam dispenser that is easy to use. No slippery bottles to squeeze. Foam goes on evenly with no streaking and adds a healthy glow to your skin. (Wal-Mart, \$8.48)

**L'Oreal Sublime Bronze ProPerfect Salon Airbrush Self-Tanning Mist** Natural-looking and streak-free with no self-tan smell and no rubbing. Quick drying, and results begin in less than an hour. (Walgreens, \$10.79)



**Kiss Press-on Nails.** Kiss has great press-on nails that are a quick fix for winter-worn fingers. They look great without the cost! (Amazon.com, \$11.48)



**Miraclesuit** Look 10 lbs. lighter in 10 seconds. Miraclesuit swimsuits begin with our unique and innovative fabric, Miratex. These swimsuits contour, shape, slim and firm the body. We tried one and an unnamed staff member reports a two-inch reduction in her waist. Like instant crunches! (Dillard's, \$142.50).



For sun-kissed hair, without the skin-damaging sun exposure, **Garnier Nutrisse Nourishing Multi-Lights** nourishes with avocado oil for beautiful, natural-looking highlights. This is perfect for natural or color-treated hair. (Wal-Mart, \$7.49)



**Crest 3D White Whitestrips Professional Effects.** Why pay \$500 for whitening treatments? Crest has easy-to-use and cost effective alternatives to the dentist. (www.3dwhite.com, \$54.99)

Summer fashions are easy, breezy and not very supportive. **Sculptz.com** has a wide selection of body shapers, tights, sheers and hosiery for every need. Reasonably priced at \$10-\$40, you're sure to find everything you need for that beach night out!



**Maybelline Expert Wear® Stay-True Bronzer** with jet milled spherical powders provides soft, true, fade-free natural color for hours and hours. (Wal-Mart, \$5.50)

**Maybelline Define-a-Lash® Waterproof Lengthening Mascara** is a must-have for mascara that lasts all day. This zero-clump mascara creates stunning length with clean definition. (Wal-Mart, \$8.29)



**Sinful Colors Nail Enamel** has a wide selection of salon quality nail enamels in all the colors you'll love to wear to the beach. (\$2.50, www.sinfulcolors.com).



**Herban Renewal Dusts** are a silky all-natural, talc-free powder for use on your sheets, in your toes and all over your body. Available in From the Garden Mint, First Rose, Love Dust and Dream Dust Lavender. (\$2-\$14, www.herbanrenewalinc.com)

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