

## THE HEALING ARTS



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Ever heard the saying, "Artist, heal thyself?"

Maybe not, but artists and physicians have long advocated the power of art to heal aches of mind and body.

There are those who would encourage a patient to devote herself to practicing an art form, believing that the struggle to create, the process of producing, is both inspiring and liberating.

And there are those who would encourage a patient to study or experience art, believing that the creation, the product, is both inspiring and liberating.

"When griping grief the heart doth wound, and doleful dumps the mind oppresses, then music, with her silver sound, with speedy help doth lend redress," wrote William Shakespeare.

Shakespeare, of course, was no scientist, but there is scientific evidence of the power of art to heal and nurture mind and body.

In a study at a Philadelphia hospital, 38 percent of the cancer patients involved in art therapy saw a decrease in depression. A study at a British institution found that labor times for women who listened to music and looked at art could be cut short.

With this in mind CFP went on a treasure hunt, seeking funds for a variety of budgets and tastes.

**Electrifying:** New York artist **Justin Love** is known for his colorful, primitively influenced

and often impressionist pastels. His current exhibit is showing in the Hamptons this summer and will transition to a Manhattan gallery in the fall. [www.justinlove.com](http://www.justinlove.com)

**Big pop:** On his MySpace page, **Martin Torsleff** says he'd like to meet Grace Jones. Art lovers probably would like to meet Torsleff, who creates big, bold pop art that pays homage to icons of the Sixties and Seventies. "My passion is the stars of the early 1970s such as Mick Jagger, Jimi Hendrix, Lou Reed and John Lennon," Torsleff says. "Painting a good clean pop art portrait makes me high." [www.martintorsleff.com](http://www.martintorsleff.com)

**Hybrid work:** **Linda Dumont**, an Austin, Texas, painter with a flair for color and a lyrical style, creates hybrid paintings—work that is a blend of abstract expressionism and representational art. She is best known for her interpretations of cityscapes—ranging from Times Square to the Golden Gate Bridge to Boston Harbor. Dumont's own style is known as "paraserialism," referring to the parallel and the serial. [www.ldumont.homestead.com](http://www.ldumont.homestead.com)

**TV art:** At the touch of the button, a painting on the living room wall can be transformed into a plasma TV with **ArtScreen**. ArtScreen is a hardwood frame in which the artwork inside ascends or descends with the touch of a remote control. [www.cableorganizer.com](http://www.cableorganizer.com)

**Statuesque:** Some years ago, in what seemed a joking nod to a mythic trouble-making bovine owned by Kate O'Leary, Chicago hosted **Cows on Pa-**

**rade.** Today the cows still are parading in the world's largest public art exhibit. Life-sized cows are designed by artists and put on display in cities around the world. Replicas of these cows can be found on the Internet—fun collectibles, heavy ceramic or resin, and in several sizes. Our favorites include the "Moolin Rouge" cow created by Doina Levintza for CowParade Bucharest and Diana Selby's Moo Zoo for the Houston CowParade. [store.cowparade.com](http://store.cowparade.com)

**Cover art:** Got a stack of LPs with cover art you love almost as much as the songs on the record? Maybe the original Rolling Stones' "Sticky Fingers" album with the Andy Warhol cover? Instead of hiding the collection, display and protect albums with **Katayama Framing's PJM Collection**—hand-built frames engineered so a person can easily remove an album as well as swap covers in and out. The wooden frame and UV resistant Plexiglas construction work to protect your album and artwork from color-fading UV rays, mishandling and general wear and tear. [www.katayamaframing.com](http://www.katayamaframing.com)

**Page view:** **MutualArt** launched in March and has become the largest resource on the Internet for art collectors, drawing content from thousands of sources—magazines, catalogues, newspapers, gallery listings, auction house sales and more. The visitor can browse or find links to buy. [www.mutualart.com](http://www.mutualart.com)

