



8839 N. Cedar Ave., #117
Fresno, CA 93720
office@slimtree.com
www.slimtree.com

Frequently Asked Questions

How many videos can I watch?

You may view an unlimited amount of videos on-demand completely free of charge, with more than 100 available across multiple fitness disciplines from which to choose. Watch them whenever you want, anywhere you want. It's that simple.

What if I don't have Internet access for certain periods of time?

If you anticipate not having a live Internet connection at any given time, no problem. Simply download select fitness videos to your computer hard drive, cell phone, PDA or other device supporting the Windows® Media platform for just \$1.49 per 10 or 20-minute program. These downloaded videos may be viewed an unlimited number of times for 30-days, at which time they will auto-expire. Slimtree.com also sells Yoga, Pilates and Cardio DVDs for just \$19.95 each or \$39.94 for the complete set of 4.

Are the instructors who appear in the fitness videos certified?

Yes, every video features a certified fitness instructor to ensure the viewer's safety and maximize her or her results.

What are the video exercise categories?

- Stretching
- Pilates
- Yoga
- Armchair Yoga
- Hatha Yoga for Flexibility
- Advanced Power Yoga for Strength
- Yoga Meditation for Stress
- Yoga for Athletes
- Lower Body Yoga
- Abs
- Buns and Thighs
- Step Aerobics
- Aerobics
- Weights
- Cardio Jazz Dance
- Military Style Xtreme Cardio
- Boxing
- Kick Boxing
- Kung Fu Style Workout
- Kajukenbo Martial Arts Workout
- Martial Arts Kick Techniques

Do other sites on the Internet offer an equitable library of free fitness videos?

We are the original and, while other Web sites have tried to duplicate our business model and offering, we believe the quality and breadth of our fitness video footage to be far superior. The cost and complexity of Slimtree, Inc.'s full production and technology has facilitated what we believe to be the most advanced, best-of-breed online fitness video streaming service of its kind available today.

Can I find your videos anywhere else on the web?

Our videos are 100% proprietary and copyrighted. They may only be accessed through our Web site at www.slimtree.com and through our Web channel partner www.MySpace.com.

Can I watch the same video at the same time as my friends?

Yes. There is no limit on the amount of people viewing our videos simultaneously.

Can anyone view your online fitness programming?

Only Internet users with a high speed Broadband connections, such as a cable modem, DSL, Satellite or high speed corporate network can view the videos in our effort to ensure the highest quality footage. Those with a slower connection you will not be able to view our workout videos.

Will the SlimTree.com website work with my wireless network?

Yes. You can view our footage on most wireless networks.

Is online video streaming as good as offline cable TV?

We believe that the quality of streaming video online should reflect the care that was put into its creation and production. We provide numerous quality checks throughout the entire encoding process to ensure that the compressed digital version is of the highest possible quality based on the technology available today.

Can I view the practices full screen?

Yes. To view your practices full-screen, right click on the video as it is playing, scroll to "Zoom" and click on "Full Screen."

Can I re-broadcast your videos?

No. We have gone to a great deal of trouble to protect our copyrights, patents and trade secrets. No part of the Slimtree.com Web site, its videos or content may be used, distributed or re-produced without expressed written consent from Slimtree, Inc.

Am I at risk of downloading a virus when I view streaming video?

With viruses almost anything is possible, but video streaming requires no downloading and, therefore, is a very safe form of Internet usage.

What other resources are available at Slimtree.com besides videos?

Slimtree.com offers health seekers a variety of weight-loss tools and information resources to supplement its fitness videos, including a weight tracker, BMI calculator, interactive journal, personal profile page, fast food calorie counter, recipe database, and a robust learning center with fitness and diet articles, glossaries and a wealth of information regarding diet programs on the market today. We also offer a free monthly electronic newsletter delivered to subscribers via email.