

# Actress Kerry Cahill

## Making Time and Living in the Moment

Award-winning actress Kerry Cahill, most recently seen in the *Terminator Genisys* blockbuster, may just be one of the busiest actresses in Hollywood. With no less than seven films currently in pre- or post-production (according to IMDB), and with confirmed castings in the new top-rated television show *Zoo*, and upcoming films *The Runner* with Nicolas Cage, *By Way of Helena* with Liam Hemsworth and Woody Harrelson, and *The Free State of Jones* with Mathew McConaughey, her star is certainly shining brightly.

LR: What does the word "luxury" mean to you?

KC: To me the essence of luxury is comfort and time. There is no better luxury to me than putting on well-made linen on a hot summer night, pouring a great scotch into a glass, and being able to sit on a porch and watch the sunset. It's about the quality of all those things and the history time gives them. It's what I hope for my work. That it lasts. Like jewelry you pass on to your grandkids, my hope is that I am able to work on films that will only better with age – that will have the luxury of being called classics.

LR: How have you changed your luxuries over time?

KC: I lived in New Orleans during Katrina and still do. I think tragedies, storms and massive change wake you up a lot. As the ten-year anniversary approaches I can tell that it has made me realize luxury must include experience. Things are so easily taken away but my memories of great dinners, dances, hikes and moments



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are luxuries. It made me enjoy hot showers and evenings at home more. I still like good boots, great jewelry, and nothing beats a great cup of coffee, but take out time and all of those are made better when I get to share them with friends and family.

LR: What is your best tip for "living fabulously"?

KC: Try to stay where you are. In today's world we are pulled to the Internet, social media, work, the future, the past, and one of the things I notice about people who laugh loud and love lots is that they live where they are. Put your phone down, take a breath, and don't get so caught up in where you're going that you forget how great it is where you live. ■

— MERILEE KERN  
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