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## ISSUE #8 AVAILABLE MAY 14th 2010!



A HEARTFELT HELLO to You!

We are very excited about this issue. Our focus is  
*finding what makes your heart soar!*

*It's all about new beginnings and digging deeper  
to strengthen your self awareness and confidence.*

The women profiled in this issue are wonderful  
examples of professionals who have taken time to  
reflect on their path to create their dream career  
and lives. Themes that resonate throughout include  
- having a strong sense of self, self confidence and  
self love. Humility and an unwavering conviction  
to living the best life possible are also strong  
themes in each of our success stories this issue.  
And, not surprisingly, each women has chosen a  
path centered around supporting others!

*And in this issue, we have four profiles in a new  
special feature section. We would like to thank  
Amanda Sutton of CATALYST communications  
choreography and BizLaunch for providing  
four of our profiles for this special "new  
beginnings" issue. BizLaunch provides support  
for new entrepreneurs through education and  
training. You can learn more about low cost  
marketing tools and other how-to topics in a free  
BizLaunch Webinar. To find one, please  
visit <http://www.bizlaunch.ca>*

*As always, each section contains pragmatic  
educational information for entrepreneurs and  
corporate captains, as we navigate our  
professional careers in these rough waters. And of  
course, we have some fabulous yoga, meditation  
and food for the soul articles that will make your  
summer sizzle!*

AND throughout the month of May and June 2010  
we will be offering our Premier issue *Climbing the  
Ladder in Heels* **FREE** in digital format.

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